

# CHILD CARE RESOURCE NETWORK PROFESSIONAL DEVELOPMENT SCHEDULE



# TRAINING POLICIES

Upon completing registration for a training at Child Care Resource Network (CCRN), the participant agrees to the following policies & procedures. If these policies are not followed, CCRN reserves the right to remove a participant from a training.

## REGISTRATION

- Registration is online at [www.wnynchildren.org](http://www.wnynchildren.org). We can also take registrations over the phone. Please note that class registration closes up to one (1) week prior to the training.
- Upon arrival, please check in at the front desk to sign in.
- Please bring legal photo identification with you to class. Identification may be checked upon signing in to the training.
- We offer free parking in front of our building, with additional parking across the street.
- You are responsible for maintaining your class certificates and training records. A fee may be required for each duplicate certificate requested.
- If you are not able to attend training, contact CCRN so your registration can be cancelled.

## ATTENDANCE

- Due to training requirements, we cannot issue certifications to participants who arrive more than 15 minutes after the start of instruction. Any participant who arrives more than 15 minutes after the start of class will not be permitted to attend.
- Training registration fees will not be returned if you are late.
- You must remain for the entire class to receive class credit and a certificate.
- Cell phones are to be kept on vibrate/silent mode and out of sight during class time. Please let the instructor know if you have a circumstance that warrants the use of your cell phone during class time.
- Children are not allowed to attend classes.
- Please let your CCRN Trainer know if you are running late or need to leave early.

## VIRTUAL TRAINING

- CCRN uses the Zoom platform for virtual trainings. Make sure to download the app prior to the start of class if using your smartphone or tablet. When using a computer, this is not necessary.
- Participants are prohibited from driving while attending class, and cameras must be on at all times during the class session to receive credit.
- Participants must be on camera by 15 minutes after the start of a class session or they will be marked absent. Please sign in to your Zoom training at least 10 minutes early to ensure class can start on time.
- CCRN highly recommends the use of a computer or laptop to attend class if this is available to you. Using your tablet or smartphone may prevent you from fully participating in some activities, resulting in potential removal from class or denial of class credit.

## CANCELLATIONS

- CCRN reserves the right to cancel scheduled trainings if a minimum number of registrations are not received one week prior to the date of training. Payment will be refunded.
- If a class is canceled due to bad weather, participants will be notified and payment will be refunded.
- In the event of bad weather, we will list closings on CCRN social media.

# PAYMENT ASSISTANCE

Child Care Resource Network accepts cash, check, or credit card for all trainings.

## CSEA/VOICE PROFESSIONAL DEVELOPMENT TRAINING PROGRAM

Get state approved training to meet enrollment/registration/licensing requirements AT NO COST TO YOU with participating training organizations by using the CSEA/VOICE Professional Development Training Program. This program is open to NYS Registered Family, Licensed Group Family and Legally Exempt child care providers.

Want to use the CSEA/VOICE Professional Development Training Program to pay for a training? Click [here](#) or visit our Registering & Paying for Training page and click the link under “VOICE Professional Development Program” for information on how to get a discount code to register.

Please Note: This funding is available for Program Providers and Owners (Assistants are not eligible for this funding).

## EDUCATIONAL INCENTIVE PROGRAM (EIP)

Scholarship funding to participate in our training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP by email at [eip@albany.edu](mailto:eip@albany.edu) or by phone at either (800) 295-9616 or (518) 442-6575. In order to be eligible for EIP funding, you must be a paid employee, or the direct supervisor of a paid employee, in a NYS OCFS or NYC DOHMH registered or licensed child care program.

## QUALITYSTARSNY:

Join QUALITYstarsNY to receive quality support and resources at no cost to your early childhood program. Speak to your QUALITYstarsNY representative regarding funding available to cover training opportunities for child care staff. Complete our online questionnaire at [qualitystarsny.org/apply](http://qualitystarsny.org/apply) to get started with the application process or contact Sara Lamoreaux at [slamoreaux@qualitystarsny.org](mailto:slamoreaux@qualitystarsny.org) for more information.

### OFFICE OF CHILDREN & FAMILY SERVICES (OCFS) TOPIC AREAS

- |   |   |
|---|---|
| 1. Principals of Childhood Development            | 6. Child Abuse & Maltreatment Identification & Prevention |
| 2. Nutrition & Health Needs of Infants & Children | 7. Statutes & Regulations: Child Day Care                 |
| 3. Child Day Care Program Development             | 8. Statutes & Regulations: Child Abuse & Maltreatment     |
| 4. Safety & Security Procedures                   | 9. Shaken Baby Syndrome                                   |
| 5. Business Record Maintenance & Management       | 10. ACEs  |

### CORE BODY OF KNOWLEDGE (CBK) TOPIC AREAS

- |                                  |                                |
|----------------------------------|--------------------------------|
| 1. Child Growth & Development    | 5. Curriculum & Teaching       |
| 2. Family & Community Engagement | 6. Health, Safety, & Nutrition |
| 3. Observation & Assessment      | 7. Professional Engagement     |
| 4. Learning Environment          |                                |



# TRAINING OPPORTUNITIES

## FLIP IT® : Transforming Challenging Behaviors in Young Children

**Abigail Webster**

Don't FLIP OUT, use FLIP IT! Are you interested in finding a way to stay calm, be consistent and support children (ages 3-8) when they are challenging you? FLIP IT® is a strategy that offers a simple, kind, and commonsense process to address children's challenging behavior. The four steps of FLIP IT can be easily remembered using the mnemonic of FLIP, which stands for F Feelings, L Limits, I Inquiries and P Prompts.

**DATES:** 1/29/2026

**TIME:** 6:30 - 8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 1, 3, 10

**CBK TOPICS:** 1

**COST:** \$37.50

This training will be held virtually via Zoom.

## Accommodating Accommodations: How to Help All Kids Be Their Best Selves

**Athena Howk**

What does it mean to be accommodating, and what accommodations are you responsible for? This training looks at why accommodations are important, and how they can help all your kids (and staff!) be their best and most comfortable selves.

**DATES:** 2/25/2026

**TIME:** 6:00-8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 1

**CBK TOPICS:** 1, 2

**COST:** \$50

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## Orientation: The Process to Staff Integration

### **ECLC Director Institute Training**

At this training, we will explore the value of creating a progressive orientation process as a way to fully integrate teachers/staff into your program. We will focus on the hiring and orientation process as a method for retaining staff. We will discuss ways to lead new teachers/staff to become a part of your team with a common mission and vision.

**DATES:** 3/3/2026 & 3/10/2026

**TIME:** 11:00am-1:00pm

**AUDIENCE:** Administrators

**LEVEL:** Introductory

**OCFS TOPICS:** 3

**CBK TOPICS:** 7

**COST:** No cost due to grant funding

This training will be held virtually via Teams

## Parent and Family Engagement

**Sarah Hansen**

In this training, participants will focus on the importance of family engagement in child care programs. We will discuss strategies for family communication. Additionally, attendees will learn ways to incorporate families in the daily operations.

**DATES:** 3/5/2026

**TIME:** 10:30am-12:30pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 3

**CBK TOPICS:** 2, 7

**COST:** No cost due to grant funding

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## Comportamientos Desafiantes/ Challenging Behaviors

### **Valentina Azzano**

En esta capacitación exploraremos estrategias prácticas y sensibles para comprender y responder a los comportamientos desafiantes. Los participantes aprenderán promoviendo un ambiente positivo y de apoyo en el aula.

In this training, we will explore practical and sensitive strategies to understand and respond to challenging behaviors.

Participants will learn how to foster a positive and supportive learning environment.

**DATES:** 3/9/2026

**TIME:** 6:00-8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 1, 3

**CBK TOPICS:** 1, 2

**COST:** No cost due to grant funding

**LANGUAGE:** Spanish

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## Self-Care for Child Care Providers

### **Emma Pressley**

This training explores the critical role self-care plays in the well-being and effectiveness of child care providers.

Participants will learn how stress and burnout impact their physical and emotional health, as well as the quality of care they provide. The session will introduce self-care strategies, stress management, stress management techniques, and tools to help maintain a healthy work-life balance.

**DATES:** 3/13/2026

**TIME:** 6:00-8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 3

**CBK TOPICS:** 7

**COST:** No cost due to grant funding

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## Breastfeeding Friendly Practices in a Child Care Setting

### **Abigail Webster**

Learn from a Certified Lactation Counselor! This training equips child care providers with the knowledge, skills, and confidence to create a supportive environment for breastfeeding families. Designed for providers in all child care settings and modalities, this session emphasizes the importance of human milk feeding and offers practical strategies. It will also review the NYS laws and regulations that relate to Breastfeeding.

**DATES:** 3/19/2026

**TIME:** 6:30-8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 2, 3, 7

**CBK TOPICS:** 6

**COST:** No cost due to grant funding

This training will be held  
virtually via Zoom.

## Implicit Bias in Child Care and Beyond:

## Learning to Support Children of Color

### **Athena Howk**

The purpose of this training is to bring awareness to the subject of Implicit Racial Bias in the field of child care. This training will cover the following:

- What is Implicit Bias?
- What are issues children of color face in the education and child care systems?
- How to reflect on and confront your own Implicit Bias
- Ways to support youth of color in your program

**DATES:** 3/25/2026

**TIME:** 6:00-8:30pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 1

**CBK TOPICS:** 1, 2

**COST:** No cost due to grant funding

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## *Safe Sleep*

**Emma Pressley**

This training will give insight to the importance of safe sleep practices in child care facilities per OFCS guidelines to reduce the risk of Sudden Infant Death Syndrome (SIDS) and other sleep-related incidents. Participants will learn about current safe sleep guidelines, proper sleep environments, supervision standards, and how to communicate safe sleep policies with families based on the Cribs for Kids Model®.

**DATES:** 4/10/2026

**TIME:** 6:00-8:00pm

**AUDIENCE:** All

**LEVEL:** Introductory

**OCFS TOPICS:** 4, 7

**CBK TOPICS:** 6

**COST:** No cost due to grant funding

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## *Combatting Bias in Practice: An Intermediate Bias Course*

**Athena Howk**

The goal of this training is to foster a deeper understanding of the subject of Implicit Racial Bias in the field of child care. This training will cover the following:

- The ways Implicit Bias is woven into the framework of child care
- Bias De-escalation Techniques
- Ways to help make your program more inclusive by making small changes that don't disrupt the space
- How to start deeper conversations with students effected by bias

**DATES:** 4/16/2026

**TIME:** 6:00pm-8:30pm

**AUDIENCE:** All

**LEVEL:** Intermediate

**OCFS TOPICS:** 3

**CBK TOPICS:** 2, 7

**COST:** No cost due to grant funding

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

SPRINGTIME IN THE CITY  
CHILD CARE PROFESSIONAL APPRECIATION DINNER

# *Save the Date*

MAY 7, 2026 • SALVATORE'S ITALIAN GARDENS

child  
care  
resource network  
NURTURING GREATNESS

# HEALTH AND SAFETY

## *for* **DIRECTORS**

All new directors of child care centers or school-age child care programs are required to complete an OCFS 15-hour health and safety classroom training, either pre-service or within three months of their start date as director.

## *for* **LEGALLY EXEMPT PROVIDERS**

Successful completion of this 5-hour course is required for non-related legally exempt providers.

## *for* **FAMILY PROVIDERS**

This 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all family/group family providers.

### *Health and Safety for Directors*

*Cost: \$300*

Dates: January 21, 22, 23, 27, 28, 2026 (must attend ALL sessions)

Time: 9:00 am-12:00 pm

Location: This training will be virtual via Zoom

Instructor: Maryann Ciskal

Dates: March 3, 4, 5, 2026 (must attend ALL sessions)

Time: 9:00 am-3:00 pm

Location: Child Care Resource Network

Instructor: Jordan Tartaglia

### *Health and Safety for Family/Group Family Providers*

*Cost: \$300*

Dates: February 4, 7, 9, 11, 2026 (must attend ALL sessions)

Time: 5:00-9:00pm on 2/4, 2/9, and 2/11 and 9:00 am-3:30 pm on 2/7

Location: Child Care Resource Network, 1000 Hertel Avenue, Buffalo, NY 14216

Instructor: Michelle Wilson

Dates: March 25, 30 and April 1, 2026 must attend ALL sessions)

Time: Check the Training Calendar for times

Location: Child Care Resource Network, 1000 Hertel Avenue, Buffalo, NY 14216

Instructor: Michelle Wilson

# *Health and Safety for Legally Exempt Providers*

Dates: January 29, February 28, March 26, and April 18

Time: 8:30 am-2:00 pm

Location: Child Care Resource Network, 1000 Hertel Avenue, Buffalo, NY 14216

Instructor: LE Staff

Cost: \$50

## *Who must be trained?*

All legally exempt child caregivers must be trained. Also, employees with care giving roles, and volunteers with the potential for regular and substantial contact with children are required to participate in this health and safety training.

## *What happens if I don't take the training?*

Individuals who fail to attend the training within the designated time frame may not be eligible to receive child care subsidies, and may result in the termination of the child care program.

## *How do I take the training?*

CCRN is offering Health and Safety for Legally Exempt Providers in-person at our agency every last Saturday of the month. Register with Emma Pressley by visiting our office, calling (716) 877-6666 ext. 3027, or on our website training calendar. After completing your training at CCRN, legally exempt providers must submit a copy of their certificate to their enrollment agency.

## *Child Development for LE Providers*

### **Emma Pressley**

The purpose of this training is to provide knowledge and skills so Legally Exempt providers can care for children in developmentally appropriate ways. This training focuses on three (3) elements that support child development- interactions, environments and experiences. Topics in each of the three (3) areas, such as temperament, routines, supervision, language development, challenging behavior and special needs, etc. will be discussed. This training provides information and activities designed to support implementation of ideas and concepts presented.

**DATES:** 3/7/2026

**TIME:** 10:00 am - 3:30pm

**AUDIENCE:** Legally Exempt

**LEVEL:** Introductory

**OCFS TOPICS:** 1, 3, 4, 7

**CBK TOPICS:** 1

**COST:** \$50

Child Care Resource Network  
1000 Hertel Avenue, Buffalo

## *Keeping in Compliance for LE Providers*

### **Shana Radford**

Health & Safety is a new federal requirement. Enrolled Legally Exempt child care providers who are applying to be paid by the Department of Social Services must abide by the inspection requirements upon completion of their application. The training is open to non-relative and relative providers who seek to gain enhanced rates.

**DATES:** 3/10/2026

**TIME:** 6:00-8:00pm

**AUDIENCE:** Legally Exempt

**LEVEL:** Introductory

**OCFS TOPICS:** 3, 4, 7

**CBK TOPICS:** 6

**COST:** \$20

Child Care Resource Network  
1000 Hertel Avenue, Buffalo



# CPR, AED, AND FIRST AID FOR CHILDREN, INFANTS, AND ADULTS

This class combines online self-study through the American Red Cross and hands-on demonstration to teach the critical skills needed to respond to and manage an emergency.

Pre-register to receive a link to complete the online portion of the training, then attend the in-person skills competency portion of the training with an American Red Cross authorized provider.

Upon completion of the session, you will earn the American Red Cross Certification for CPR and First Aid and AED, which is valid for two years and meets the NYS OCFS regulatory requirements.

## UPCOMING DATES

*all classes are 6:30pm-8:30pm*

January 21, 2026

February 17, 2026

March 12, 2026

April 9, 2026

*Cost: \$95 per person*

# MEDICATION ADMINISTRATION TRAINING

Child Care Resource Network is very excited to partner with Marlene Morales, RN to provide NYS Medication Administration Training to child care providers in our community.



## What is MAT?

The MAT course is a skill-based training to help you administer medication safely in your program. The course is eight (8) hours of training and includes a video training component as well as hands-on demonstrations.

The training provides an overview of medication effects and ways to give medication for both over-the-counter and prescription medication; the handling, storage and safe disposal of medication; permission and instruction requirements; preparation and administration techniques; asthma; emergency care and special situations.

## MAT Trainings at CCRN

January 31, 2026  
8:30am-4:30pm

March 28, 2026  
8:30am-4:30pm

Interested individuals can register on our website training calendar at  
[www.wnychildren.org/training-calendar-view](http://www.wnychildren.org/training-calendar-view)

Once approved, additional instructions will follow.

Cost: \$275 per person



QUESTIONS? MORE INFORMATION IS AVAILABLE ON OUR WEBSITE!

OR CONTACT US AT (716) 877-6666 EXT. 3061 OR [TRAINING@WNYCHILDREN.ORG](mailto:TRAINING@WNYCHILDREN.ORG)

**CDA**



**TRAINING CALENDAR**



**SACC**



SCAN OR CLICK THE QR CODES