PROVIDER TIP & ACTIVITY SHEET

Homemade Drums and Shakers

INGREDIENTS:

Recycled bottles and cans with lids Rice and beans Hot glue gun Wrapping paper

INSTRUCTIONS:

• 1. CREATE:

-Use beans and rice from the cupboard to fill inside to make the shakers. If you are doing several containers use a variety of materials inside. It's great practice in auditory discrimination to listen and try to see what's inside of the various containers. -Some other ideas for materials are beads, bells, or pebbles.

Reminder: make sure you seal the container with hot glue or tape to avoid any spills or choking hazards and have adult supervision at all times with any homemade toy

• 2. DECORATE:

-Use wrapping paper to decorate your musical drums and shakers. I cut the paper to fit and then covered the entire container with packing tape, contact paper would work too, in order to make it more durable and kid friendly. I love how bright they turned out with very little effort. A great spot I find fun paper at is the Dollar Store and Target dollar bins. If I was having a Toddler, Preschooler or School Aged child make it, I would let them decorate it with stamps, stickers and color or paint them before I covered them with contact paper or packaging tape.

• 3. PLAY:

-Shake It - Vary the speed and also how you shake it

-Roll It - Roll the containers between your hands or on the floor for a different sound -Drumming -Use their hands or an object like a wooden spoon or drumstick to practice hitting it

-Matching sound - Fast or slow, have the little one imitate the sounds you make -Stack it - Use the containers to have fun and build; arrange them in various ways -Dance Time - Hold the shakers and dance with music

Made by: Jess Collins, Office Manager Source: Pinterest

Vroom Corner: Touch Talk

While waiting, have your child touch different things around you, like both of your shirts. Talk about how each shirt feels, like if one is smooth or one is wrinkled. This teaches your child to make connections between objects and what they feel like.

For more activities like these, check out the free Vroom app! Or visit vroom.org



Ages 2-3