

# Provider Tip & Activity Sheet

## Ice Chalk

### INGREDIENTS:

- Ice trays
- Water
- Corn starch
- Baking soda
- Food coloring
- Bowls for mixing
- Vinegar (optional)
- Spray bottles (optional)
- Paint brushes (optional)

### INSTRUCTIONS:

- -Begin by combining equal parts of baking soda and corn starch in a bowl.
- -Once well mixed, carefully spoon the mixture into ice cube trays, filling each slot roughly 1/2 way.
- -Add a few drops of food coloring to each ice slot.
- -Now, add water to the ice tray and carefully mix until all ingredients are combined.
- -Pop your chalk in the freezer, and in 4-6 hours the fun can begin!
- -After a bit of play, give children a spray bottle of vinegar, and watch them spray their art (melted chalk design), making colorful eruptions all over the pavement.
- -Children can also use large paint brushes to mix colors.
- Target Age Group - 2 years and up

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Source: <https://www.growingajeweledrose.com/2013/05/play-recipe-ice-chalk.html>

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### Vroom Corner: Food Favorites

When you go shopping, point out some of your favorite foods to your child. Then, have them point out some of their favorite foods. This will teach them that different people have different likes and dislikes.

Ages 2-3

For more activities like these, check out the free Vroom app! Or visit [vroom.org](http://vroom.org)

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